

The Pulse

September 2023 Undergraduate Student Newsletter from Student Affairs

We're here to help! Explore student services and resources

Hello to all new and returning students,

Welcome to the start of the 2023-24 year!

Staff across Student Affairs are here to support you and connect you to programs, services, and spaces on campus. We can help you build your community, prnt ur p-be.3 2c2 (p)d .6 (p)de.3 2 r2214.9 (p)acrp2

the world!

I encourage you to scan The Pulse each month for upcoming dates and deadlines, event highlights, and need -to-know information to help your year go

smoothly!

As we start the academic year, let's Build Community Together by being respectful, responsible, and prioritizing well -being. Check out our <u>online hub</u> for information about safe off- campus gatherings, the city's University District

Safety Initiative (in effect until Sept. 10), bylaws and fines (up to \$2000!), good citizenship, the university's <u>Student Code of Conduct</u>, which can apply to off -campus behaviours, and campus services that can provide support, including COR, a safe space to sleep if you have had too much to drink, as well as <u>sexual</u> violence prevention and response.

If you need something and don't know where to start, <u>please reach out</u>. We are here to help!

-Ann Tierney, Vice-Provost and Dean of Student A ffairs

Dates & Deadlines

August 28 –September 14 | Student ID card and/or validation sticker pick up

September 1 | Fall term tuition, Student Assistance Levy (SAL), and residence

fees due *If you receive OSAP, you have until Sept. 30 to pay*

September 1 –October 3 | Ancillary Fee and Health/Dental Fee opt-out period

September 4 | University closed

September 5 | Most fall term classes begin

September 15 | Last day to apply for the 2023 -24 Work Study program

September 18 | Last day to add fall/winter term classes

- You need your card/sticker to <u>ride Kingston Transit for free</u>, access your ARC gym membership, get your student discounts, and more!
- x Download your <u>Verification of Enrolment form</u> to withdraw RESP funds.
- x Make sure your <u>contact information is up to date</u> in SOLUS.

Financial Aid

- x You can still apply for 2023-24 OSAP.
 - o Do not report

We All Have a Role to Play to Keep Our Community Safe Sexual Violence Prevention and Supports x September 18 –22 is Consent Awareness Week. x Queen's <u>Sexual Violence Prevention and Response Services (SVPRS</u>)is)]T



Build Your Community

Enhance Your Student Experience

- x In first year? Request to be matched in <u>QSuccess, a First-Year Peer</u>

 <u>Mentorship Program</u> at any time throughout the year.
- x In second year and above? Get matched with a <u>graduate or upper-year</u> peer mentor .
- x Starting your second year? Here are some helpful resources and tools.

International Students

- x Come by the <u>Queen's University International Centre (QUIC)</u> in Mitchell Hall 208 to study, hang out, play ping pong, meet peers, and use the kitchen.
- x Get one-to-one advising, or join info sessions, workshops, and events.

Students Who Identify as Queer, Trans, Black, Indigenous, and/or People of Colour (QTBIPoC)

- x The <u>Yellow House team</u> is committed to creating a comfortable space for QTBIPoC students to feel safe, create community, feel empowered, celebrate their identity, and flourish!
 - o Drop by Rideau Building, floor 3, or follow@queensuyellowhouse_for upcoming events!

x This online toolkit provides many great resources!

Indigenous Students

- x Four Directions (4D) Indigenous Student Centre is your home away from home. Drop in! We are at 144- 146 Barrie St.
- x Connect with <u>staff advisors</u> and check out <u>upcoming events</u>.

Spiritual and Religious Needs

- x <u>Faith and Spiritual Life (FSL)</u> in Mitchell Hall offers multi- faith, non-judgmental support for religious, spiritual, personal, and existential problems, concerns, or crises.
 - o Watch our events page for study breaks and drop- in times.
 - Find <u>spaces for prayer, meditation, and reflection</u> across campus.

Explore food access resources.

Student Affairs staff are here to listen, refer, and empower you to problem solve.

Not sure who to contact?

Email studentaffairs@queensu.ca . We're here to help!

Check out our websites below!

Student Community Relations

Student Conduct Office

Student Experience Office

Student Wellness Services (SWS)

Yellow House Student Centre for Equity and Inclusion

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