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# The Pulse

*We're here to help! [Explore student services and resources](#)*

Enter our [Instagram](#) giveaway  
for a chance to win some  
cozy Queen's merch!

**January 10 |** tuition, Student Assistance Levy (SAL)

**January 15** | [Shift Project Sunday Supper Series](#)

**January 19** | [Gather Together Workshop](#)

[Breaking Bread Workshop](#)

**January 23** | [Studying More Efficiently](#)

**January 23–27** | [Consent Action Week](#)

**January 25** | [Identifying and Responding to Students in Distress](#)

**January 25** | [Engineering & Technology Fair 2023](#)

**January 31** | [Indigenous Student Career Networking](#)

## Registrar & Financial Aid Info

### Accessing Financial Aid

- - [how and when funding is distributed](#)
  - [2022–23 OSAP](#)
    - [Don't report](#)
  - [other provincial/territorial](#)
  - [previous OSAP](#)      [out-of-province loans interest-free!](#)
-

- [Receiving funds?](#)
- [banking information is updated on SOLUS](#)
- [apply before Feb. 1](#)

## **Finishing Your Degree This Term?**

- [apply to graduate](#) [application deadline](#)
- [Nominate an outstanding high school educator](#)



- [dining hall and retail food location hours of operation](#)
- 8 campus meal plan options



## **Do You Need Academic Accommodations?**

- [Summer Work Experience Program \(SWEP\)](#)
- [Subscribe](#)  
[@queensucareers](#)
- [Log in to MyCareer](#)

## **Off-Campus Living and Housing Help**

- [Off-Campus Living Advisor](#)

**Recognize Exceptional Student Leaders!**

[Nominate your peers for a Student Recognition Award](#)

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**Celebrate Faculty and Staff Who Make a Difference!**

## **Student Photo Contest**

[Submit](#)

[Queen's University International Centre Photo](#)

[Residence Life and Services](#)  
[Student Academic Success Services \(SASS\)](#)  
[Student Community Relations](#)  
[Student Conduct Office](#)  
[Student Experience Office](#)  
[Student Wellness Services \(SWS\)](#)  
[Yellow House](#)

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