SELF-INJURY AND SUICIDE: PSYC 480 Winter 2020

Wednesday 1PM – 230PM Friday 11:30AM – 1PM Location: Walter Light Hall, room 212

Dr. Jeremy G. Stewart **613-533-3285** Instructor:

tel:

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office: Humphrey 355 group presentations (see below) where the expectation is to move beyond the mandatory articles. Discussion questions (see below) will be based on the required and supplemental readings for each class.

Course Format

The course will largely consist of discussion (guided and unstructured) and small group activities. There will be brief didactic lectures led by the instructor at the beginning and end of the course.

Approximately 1/2 of the classes will involve presentations and discussions moderated by the students (in groups of 2-3; see below). In these sessions, students will be responsible for presenting and discussing the required (and supplemental) articles. However, for all classes, all students are expected to come to class prepared to critically discuss the material.

During the first class period, there will be 5 minutes in which students will complete a poll listing their top five rank ordered choices for a presentation topic/ date. Between the first and second class, you will be assigned a top and placed in a group with 1-2 other students based on mutually-preferred topics. NOTE: if many students choose the same topics as their first/ second choices, the people assigned those topics will be determined randomly. Partners will work together to prepare the presentation and each is expected to contribute equally to the presentation. Students will be assigned their own separate grades for the presentation. Students are also expected to hand in independent assignments (see below).

Evaluation

Class Presentation: 30%

Presentation 25% Peer Questions 5%

Writing Assignments: 30%

Assignment 1 10% DUE January 24
Assignment 2 10% DUE February 14
Assignment 3 10% DUE March 20

Discussion Questions: 10%

Debunking Suicide Myths: 25% DUE April 10

Blog Post 20% Twitter Thread 5%

Participation/Attendance: 5%

Course Requirements

A. Class Presentation: Groups of 2-3 students will conduct a 30-minute oral presentation to the class on a topic from the syllabus. Students will collaborate in creating and delivering the presentation, although each person is graded individually. Students are encouraged to meet with the instructor during office hours to help prepare for their presentation. Presentations will occur in classes in Weeks 5 to 12, inclusive. The presentation must be presented on the day listed in the syllabus for that topic. Changes will not be made to the syllabus.

Students will coherently summarize, expand upon, and discuss one of the articles for their assigned topic (these can be required readings, or, with instructor permission, supplemental readings). It is not enough

90-100
85-89
80-84
77-79
73-76
70-72
67-69
63-66
60-62
57-59
53-56
50-52
49 and below

Late Policy

Late discussion questions will not be accepted (see above). Students who miss class without notifying the instructor in advance will receive a deduction of 1% from their participation grade. Group presentations must be given on the date on which they are scheduled; late presentations will not be accepted.

For writing assignments and the final assignment, I will accommodate anyone with a documented family or medical emergency, or exceptional emergency-type situations of other kinds. Other than these exceptions, deductions of 5% will be assessed for each day that an assignment is late

to Turnitin. In doing s database, where they will be used solely for the purpose of detecting plagiarism.

Turnitin is a suite of tools that provide instructors with information about the authenticity of submitted work and facilitates the process of grading. Turnitin compares submitted files against its extensive database

Consideration for Students in Extenuating Circumstances was approved at Senate in April, 2017 (see http://www.queensu.ca/secretariat/sites/webpublish.queensu.ca.uslcwww/files/files/policies/senateandtrustees/Academic%20Considerations%20for%20Extenuating%20Circumstances%20Policy%20Final.pdf) Each Faculty has developed a protocol to provide a consistent and equitable approach in dealing with requests for academic consideration for students facing extenuating circumstances. Arts and Science undergraduate students can find the Faculty of Arts and Science protocol and the portal where a request can be submitted at: http://www.queensu.ca/artsci/accommodations. Students in other Faculties and Schools who are enrolled in this course should refer to the protocol for their home Faculty.

If you need to request academic consideration for this course, you will be required to provide the name and email address of the instructor/coordinator. Please use the following:

<u>Instructor/ Coordinator Name:</u> Dr. Jeremy Stewart <u>Instructor/ Coordinator email address: jeremy.stewart@queensu.ca</u>

Course Outline

Week 1: Introduction and Definitions

January 8 Introduction / Syllabus; Defining Suicidal Thoughts and Behaviors (STBs)

January 10 Defining STBs (cont.); Defining Non-Suicidal Self-Injury (NSSI)

Week 2: Epidemiology and Assessment

January 15 Self-Injurious Thought and Behaviors: A Global Perspective

January 17 Assessing Self-Injurious Thoughts and Behaviours

Week 3: Theories of Suicide and NSSI

January 22 Theories of Suicide

January 24 Theories of Non-Suicidal Self-Injury [WRITING ASSIGNMENT #1 DUE]

Week 4: Suicide Risk Factors I

January 29 Introduction; Mental Disorders

January 31 Stress and Bullying

Week 5: Suicide Risk Factors II

February 5 Suicide Cognition**

February 7 Neuropsychological Processes**

Week 6: Suicide Risk Factors III

February 12 Reward Processes**

February 14 Decision-Making** [WRITING ASSIGNMENT #2 DUE]

Week 7: READING WEEK (NO CLASSES)

Week 8: NSSI Risk Factors I

February 26 Emotions and Emotion Regulation**

February 28 Social Processes**

Week 9: NSSI Risk Factors II

March 4 Pain**

March 6 Self-Criticism**

Week 10: Intervention

March 11 Psychotherapeutic Interventions**

March 13 Novel Interventions**

Week 11: Prevention and postvention

March 18 Prevention**

March 20 Postvention** [WRITING ASSIGNMENT #3 DUE]

Week 12: Under-represented individuals

March 25 Culture, Sexual Identity, and Gender Identity

March 27 First Nations, Inuit, and Metis Peoples

Week 13: Special topics

April 1 Social Media