

PSYC430: The Self
Fall 2018

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Office Hours: By appointment

Time: Fridays 11:30–14:20
Location: Macintosh-Corry RM C508

Intended Student Learning Outcomes

opportunity to participate in all of their academic activities. If you are a student with a disability and think you may need accommodations, you are strongly encouraged to contact Student Wellness Services (SWS) and register as early as possible. For more information, including important deadlines, please visit the Student Wellness website at: <http://www.queensu.ca/studentwellness/accessibility-services/>. If you do qualify to receive special accommodations, please notify the instructor right away, so any special arrangements can be made as soon as possible. The instructor will inform

Participation . Active class discussion is essential to the functioning of any seminar course, and students are expected to contribute meaningfully (thoughtful, relevant, critical comments) to class discussions. However, I appreciate that not everyone is an extravert. Thus, the participation grade also will include your performance on other activities than talking (see also the section on Weighting of Evaluation Components) First, quality can matter as much as quantity of contribution, and participation in the learning activities will be another way to contribute to the class. Mere attendance is not

Evaluation . You are responsible for all lecture material and all corresponding material on onQ. Late assignments will be penalized two letter grades per each day late (i.e., if you earn an A on the assessment paper but handed it in 1 day late, your grade will be a B+ once the penalty is applied). Exceptions will be made only under relevant circumstances and when appropriate, written documentation is supplied.

Weighting of evaluation components .

Evaluation Component	Weighting of Assessment
Active Learning Assistants	20%
Participation	25%
Personal Logs (x9)	20%

PSYC 430 Course Outline Fall 2018

Week	Date	Topic	Readings
1 2	September 7 September 14	Introduction What is the Self?	<p>Baumeister, R. F. (1987). How the self became a problem: A psychological review of historical research. <i>Journal of Personality and Social Psychology</i>, 52, 163-176.</p> <p>Baumeister, R. F. (2011). Self and identity: A brief overview of what they are, what they do, and how they work. <i>Annals of the New York Academy of Sciences</i>, 1234, 48–55. doi: 10.1111/j.1749-6632.2011.06224.x</p> <p>Haynes, J.-D. (2011). Decoding and predicting intentions. <i>Annals of the New York Academy of Sciences</i>, 1224, 9-21. doi: 10.1111/j.1749-6632.2011.05994.x</p> <p>Klein, S. B. (2012). The self and science: Is it time for a new approach to the study of human experience? <i>Current Directions in Psychological Science</i>, 21(4), 253–56. doi: 10.1177/0963721412447623</p>

4	September 28	Self- Knowledge	Dunning, D., Heath, C., & Suls, J. M. (2004). Flawed self-assessment. <i>Psychological Science in the Public Interest</i> , 5, 69-106. Markus, H. (1977). Self-schemata and processing of information about the self. <i>Journal of Personality and Social Psychology</i> , 35, 63-78.
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6	October 12	Developmental Perspective	<p>Charles, S. T., & Pasupathi, M. (2003). Age-related patterns of variability in self - descriptions: Implications for everyday affective experience. <i>Psychology and Aging</i>, 18, 524-536.</p> <p>Harter, S. (2003). The development of self-representations during childhood and adolescence. In M. R. Leary & J P. Tagney (Eds.), <i>Handbook of Self and Identity</i> (pp. 610-642). New York: The Guilford Press.</p> <p>Twenge, J. M. (2008). Generation Me: The origins of birth cohort differences in personality traits and cross-temporal meta-analysis. <i>Social and Personality Psychology Compass</i>, 2/3, 1440–1454.</p> <p>Trzesniewski, K. H., & Donnellan, M. B. (2010). Rethinking “Generation Me:” A study of cohort effects from 1976-2006. <i>Perspectives on Psychological Science</i> 5(1), 58-75. doi: 10.1177/1745691609356789</p>
7	October 19	Motivational Perspective	<p>Ditto, P. H., & Lopez, D. F. (1992). Motivated skepticism: Use of differential decision criteria for preferred and nonpreferred conclusions. <i>Journal of Personality and Social Psychology</i>, 63, 568-584.</p> <p>Higgins, E.T. (1987). Self-discrepancy: A theory relating self and affect. <i>Psychological Review</i>, 94, 319-340.</p> <p>Norem, J. K. (2002). Defensive pessimism, optimism, and pessimism. In E. C. Chang (Ed.), <i>Optimism and Pessimism: Implications for Theory, Research, and Practice</i> (pp. 77-100). Washington, DC: American Psychological Association.</p> <p>Sherman, D. K., & Cohen, G. L. (2006). The psychology of self-defense: Self affirmation theory. <i>Advances in Experimental Social Psychology</i> , 38, 183-242.</p> <p>Ryan, R. M., & Deci, E. L. (2000). Self-determination theory and the facilitation of intrinsic motivation, social development, and well-being. <i>American Psychologist</i>, 55(3), 68-78.</p>

	October 26	Cancelled	Reading Week
8	November 2	Self-Presentation	<p>Arkin, R. M., & Oleson, K. C. (1998). Self handicapping. In J. M. Darley & J. Cooper (Eds.), <i>Attribution and social interaction: The legacy of Edward E. Jones</i> (pp. 313-347). Washington, DC: American Psychological Association.</p> <p>Jones, E.E. & Pittman, T.S. (1982). Toward a general theory of strategic self presentation. In J. Suls (Ed) <i>Psychological Perspectives on the Self</i> (Vol. 1, pp. 231-262). Hillsdale, NJ: Erlbaum.</p> <p>Tesser, A. (1999). Toward a selfevaluation maintenance model of social behavior. In R. F. Baumeister (Ed.), <i>The Self in Social Psychology</i> (pp. 446-460). Philadelphia, PA: Psychology Press.</p> <p>Tice, D. M., Butler, J. L., Muraven, M. B., & Stillwell, A. M. (1995). When modesty prevails: Differential favorability of self - presentation to friends and strangers. <i>Journal of Personality and Social Psychology</i>, 69, 1120-1138.</p>
9	November 9	Self and Others	<p>Aron, A. & Nardon, N. (2012) Self and close relationships . In M. R. Leary & J. P. Tangney, <i>Handbook of Self and Identity</i> , (Eds. 2), 520-541. New York: The Guilford Press</p> <p>Carmichael, C. L., Tsai, F-F., Smith, S. M., Caprariello, P. A., & Reis, H. T. (2007). The self in intimate relationships. In C. Sedikides & S. J. Spencer (Eds.), <i>The Self</i> (pp. 285-309). New York: Psychology Press.</p> <p>Otten, S. (2005). The ingroup as part of the self: Reconsidering the link between social categorization, ingroup favoritism, and the self-concept. In M. D. Alicke, D. A. Dunning, & J. I. Krueger (Eds.), <i>The Self in Social Judgment</i> (pp. 241-265). New York: Psychology Press.</p> <p>Sassenrath, C., Hodges, S. D., & Pfattheicher, S. (2016). It's all about the self: When perspective taking backfires. <i>Current Directions in Psychological Science</i>, 25(6), 405–410.</p>

- Baumeister, R. F., Vohs, K. D., & Tice, D. M. (2007). The strength model of self-control. *Current Directions in Psychological Science*, 16, 351-355.
- Hagger, M. S., Chatzisarantis, N. L., Alberts, H., Anggono, C. O., Birt, A., Brand, R., ... & Campbell, W. K. (2015). A multi-lab pre-registered replication of the ego-depletion effect. *Perspectives on Psychological Science* 11(4) 546-573.
- *Baumeister, R. F., & Vohs, K. D. (2016). Misguided effort with elusive implications. *Perspectives on Psychological Science*, 11(4) 574-575.
- Gillebaart, M. (under review). The 'operational' definition of self-control. *Frontiers*, X, 1-13.
- Berkman, E., Hutcherson, C. A., Livingston, J. L., Kahn, L. E., & Inzlicht, M. (2017). Self-control as value-based choice. *Current Directions in Psychological Science* 26, 422-428. doi:

- 12 November Health
30 Perspective
- Colvin, C. R., & Block, J. (1994). Do positive illusions foster mental health? An examination of the Taylor and Brown formulation. *Psychological Bulletin*, 116, 3-20.
- Leary, M. R., Tchividjian, L. R., & Kraxberger, B. E. (1994). Self presentation can be hazardous to your health: Impression management and health risk. *Health Psychology*, 13, 461-470.
- Taylor, S. E., & Brown, J. D. (1988). Illusion and well-being: A social psychological perspective on mental health. *Psychological Bulletin*, 103, 193-210.
- *Colvin, C. R., & Block, J. (1994). Do positive illusions foster mental health? An examination of the Taylor and Brown formulation. *Psychological Bulletin*, 116, 3-20.
- *Taylor, S. E., & Brown, J. D. (1994). Positive illusions and well-being revisited: Separating fact from fiction. *Psychological Bulletin*, 116, 21-27.