## $\%\pm_{i}i^{a}$ ) $^{a}$ ¥ $_{i}$ ®¥ $_{\mu}$ Positive Psychology 335

Instructor: Dean A Tripp, PhD. Telephone: 613-533-6955

Office: Psychology Department Humphrey 320

Office Hours: Mondays, 10:00am 11:00am

Email: <u>dean.tripp@queensu.ca</u>

Course: PSY 335: Positive Psychology

Bioscience Rm 1102

Teaching Assistant: Louisa Man, MSc Candidate

T.A. Contact: LLYM@queensu.ca T.A. Office: Humphrey Hall 323

T.A. Office Hours: Friday 8:30am 9:30am (alternate weeks)

Teaching Assistant: Mike Best, Ph.D. Candidate

T.A. Contact: best.m@queensu.ca T.A. Office: Humphrey Hall 323

T.A. Office Hours: Friday 8:30am 9:30am (alternate weeks)

Textbook (Required): Positive Psychology 3<sup>rd</sup> Ed., Lopez, Teramoto Pedrotti, Snyder (2015).

Sage Publications, ISBN 978-1-4522-7643-4

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## Students with Disabilities

If you have any documented disability-related concerns that may have an impact upon your performance in this course, please meet with me within the first two weeks of the current semester, so that we can work out the appropriate accommodations. Accommodations are provided on an individualized, as-needed basis after the needs, circumstances, and documentation have been evaluated by the appropriate office on campus. For more information on services  $\neg \mathbb{R}^2 \mathbb{H}_1 \mathring{Y} > \mu \mathbb{H}_1 \mathring{a} - \mathring{S}^3 \mathring{Y} \mathbb{R}^3 + \mathbb{H}^3 + \mathbb{H$ 

Or please contact:  $\%\pm_{i}$  i  $^a$   $^ ^\circ\pm\ddot{Y}_i$  at Accessibility Services, Student Wellness Services, 146 Stuart St, Kingston, Ontario, K7L 3N6

Phone: 613-533-6467; Fax: 613-533-6284; accessibility.services@queensu.ca

All disability-related information will be kept confidential.

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Course Format. The course is presented as a series of activities, assignments and lectures. You are responsible for the material in all required reading passages in their entirety, even if this material is not presented in lectures. Additional readings outside the class text are recommended, and may be required for some lectures. These readings will be made available on MOODLE or at least references will be provided. Students are instructed to study the relevant required readings before coming to class.

See course outline below for readings.

There is a textbook assigned on Reserve at the library. <u>Understand that you are expected to</u>

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Course Grading:

Exams\* (50% of final grade) The Exams may consist of multiple

C-	62
D+	58
D	55
D-	52
F48 (F+)	48
F24 (F)	24
F0 (0)	0

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Grade	Numerical Course
	Average (Range)
A+	90-100
A	85-89
A-	80-84
B+	77-79
В	73-76
B-	70-72
C+	67-69
С	63-66
C-	60-62
D+	57-59
D	53-56
D-	50-52
F	49 and below

## Moderated Research Presentation Day (30%)

You will be randomly assigned to a research group of approximately 5 students. Each group will be responsible for creating a power point presentation for evaluation at a moderated conference for <sup>3</sup> 3 R V L W L Y H 3 V \ F K Rt Of Rhd \(\text{Rhd}\) \(\text{Schr}\) \(\text{Delta}\) \(\text{Delta}\) \(\text{Pholador}\) \(\tex

The presentation must be constructed in Powerpoint or Keynote and include a:

- 1) Title and Authors of the project. (2%)
- 2) A construct definition and a basic introduction to that construct (i.e., What is it? How can people identify i W " + L V W R U L F D O U H Y L H Z D Q G R U F R Y H U D D Q G 9n3\$Ä`R Y 9r

poster presentation like they do at research conferences) then answering questions for a couple of minutes. You will only get 5 minutes to present and at the end of this time you will be cut off. A strict time limit will apply.

Personal Mini-Experiments (20%)

You will be asked to conduct 3 assigned

Mon Nov 7	Chapter 11	Empathy / Egotism
Thur Nov 10	Mini -Experin	nent 3 Due @6pm; Group project time
Mon Nov 14	Guest lecture	(Mindfulness ±Dr Symthe)
Thur Nov 17	Chapter 12	Attachment, Love, Flourishing
Mon Nov 21	Chapter 13	Balance between Mental Health and Behaviour
Thur Nov 24	Chapter 14	Interceding to Prevent the Bad enhance the Good
Mon Nov 28	RESEARCH	DAY
Thur Dec 1	RESEARCH	DAY
TBA	FINAL EXAM (In F	inal Exam Period: December 7-21)