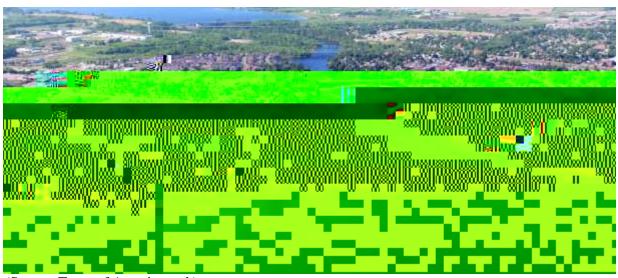
# Secondary Dwellings: An Integrated Housing Option for Seniors in Small Municipalities



(Source: Town of Arnprior, n.d.)

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A Master's Report Submitted to the School of Urban and Regional Planning in conformity with the requirements for the degree of Master of Urban and Regional Planning

## **Executive Summary**

#### **Background and Context**

As Canadians age there is concern and interest in how municipalities will accommodate both the increased number of seniors and the changes in needs associated with aging. Those born during the baby-boom have now begun to reach retirement-age and are experiencing changes in their housing needs.

In search of housing options, a number of organizations have conducted studies and research into various existing options. Through this research organizations, such as Canada Mortgage and Housing Corporation (CMHC), have identified secondary dwellings as a way to incorporate more housing into existing neighbourhoods and provide additional options to the general population.

Studies have found there are a number of benefits and challenges to secondary dwellings common across Canadian municipalities. These benefits include increased housing affordability for the tenant and homeowner, the ability to increase density in existing neighbourhoods without significant new construction, and the ability to utilize existing services and infrastructure. On the other hand, challenges were faced including concerns over perceived increased traffic, increased use and pressure on municipal services, and difficulty of tracking illegal suites.

#### **Purpose of Study**

The purpose of this study was to investigate how secondary dwellings may apply to seniors in small municipalities. Generally, the focus of secondary dwelling study has been on the suitability of this housing type for the general population and in larger urban centers. Conclusions drawn from these studies therefore do not take into account the dynamics of smaller municipalities or the specific needs of seniors.

This Master's Research Report study aimed to investigate whether the benefits and challenges experienced in large municipalities apply in the same way to smaller municipalities. Using the Town of Arnprior, Ontario as a case example the benefits and challenges associated with secondary dwellings in small towns were investigated.

The following research questions were used to guide research in this study:

1. How could secondary dwellings help to address the housing needs of seniors?

- 2. What kinds of policies and strategies could be considered in Amprior to support secondary dwelling housing options?
- 3. How might Arnprior address the risks and challenges noted in the CMHC review of secondary suite policies?

### **Scope of Study**

This study focused on how secondary dwellings could help to house seniors in small municipalities. Specifically, the conclusions drawn from the research reflects how secondary

- 2. What kinds of policies and strategies could be considered in Arnprior to support secondary dwelling housing options?
  - The existing policies in place in the Town of Arnprior are generally permissive and supportive of secondary dwellings through its Official Plan and Zoning By-law provisions. Secondary dwellings are permitted within single-family dwellings, duplexes and rowhouses and do not require a license or permit (aside from the required building permits).

    If the Town of Arnprior desired to increase accessibility of secondary dwellings, it could
  - consider implementing a grant or fee relief program. The conversion of space into secondary dwellings and/or the fees associated with the conversion can be costly to the owner. These grant and relief programs could help off-set to cost to owners interested in conversion.
- 3. How might Arnprior address the risks and challenges noted in the CMHC review of secondary suite policies?
  - Literature review determined that the common challenges associated with secondary dwellings include difficulty providing additional parking to accommodate the second unit, increased street parking and traffic concerns, and community pushback (generally referred to as 'NIMBY'ism). Interviews in this study determined that these challenges to not pose a significant risk in the Town of Arnprior.

Instead, the Town of Arnprior faces a different set of challenges including lack of general awareness of secondary dwellings including its associated regulations, and potential reluctance of seniors to live with strangers (either as a tenant or homeowner).

#### **Overall Findings**

Small communities benefit from the affordability, flexibility, and design of secondary dwellings but do not experience parking and traffic concerns or significant NIMBY threats. Rather, small communities may face different challenges including lack of awareness about secondary dwellings and lack of organized support for seniors' needs.

Public education and local studies can help to address these concerns and can be lead through councils and committees formed under Age-Friendly Community Plans or other Plans. The Town of Arnprior can be used as an example of a municipality that has successfully implemented an Age-Friendly Community Plan that enables study and advocacy for seniors needs.

While the local Town of Amprior policies are based on general Provincial policies, this does not mean that every small municipality will have the same policies or experiences as Amprior.